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[www.westcheshire.foodbank.org.uk](http://www.westcheshire.foodbank.org.uk)

## Can You Help with these Items



We are so grateful for all the people that donate food to us so generously throughout the year. We couldn't do what we do without you!

Typically the amount of donations coming into our warehouse tends to drop off during the summer months and at the moment our stocks of the following items

are running low: **UHT Milk**, **UHT Juice**, **Custard**, **Treats** (Chocolate bars/bags of sweets, etc.)

So please spread the word with your friends and family and remind them now is the time to donate food to West Cheshire Foodbank. We would welcome any of the items above to help us ensure we can continue to get food to local people experiencing crisis

## Introduction to the Research Team



We want to see an end to food poverty, and therefore the need for Foodbanks, in West Cheshire and beyond. Research, advocacy and campaigning can be mechanisms for change. Whilst our purpose is to provide food for those in need, alongside this we have to be actively pursuing an end of need.

In support of this mission, some of our volunteers have utilised their experience in research and social policy work to create a West Cheshire Food Bank Research and Advisory Team. The team supports the Foodbank

in making decisions with clear, relevant and timely data to hand, developing a shared understanding of key trends at West Cheshire Food Bank, and shaping new initiatives. It also works to connect and campaign at the local and national level. One of our key aims is to act as a platform for sharing the voices of those experiencing poverty.

We respond to internal and external requests for data and analysis, including reports, guest articles and blogs. The team would love to answer any questions you may have, so get in touch via [research@westcheshire.foodbank.org.uk](mailto:research@westcheshire.foodbank.org.uk) (see over for link to extended article)

## Tom Dunn – Fundraising for Foodbank

Follow the link to donate to @tomdunn26 who is doing the annual, 50 mile Chester - Liverpool - Chester Charity Bike Ride in aid of West Cheshire Foodbank. This takes place on 1st July! We wish Tom "Good Luck" and thank him for his fund raising efforts!! 👍

<https://uk.virginmoneygiving.com/fundraiser-display/showROFundraiserPage?userUrl=Tom50mileride&pageUrl=1>



## Shout-out to ASDA

**Local ASDA stores launch permanent donation points.**

In February this year Trussell Trust announced a new national partnership with Asda and FareShare. Visit their website to see how they plan to work together to end UK food poverty - <https://www.trusselltrust.org/2018/02/08/asda-trussell-trust-fareshare-launch-20-million-partnership-help-million-people-food-poverty/>

On a local level - we are immensely grateful to the support and contribution of Helen Hallmark (pictured above), Community Champion from the Sealand Road ASDA store, who is a regular volunteer at our Friday Foodbank session at



the Matthew Henry church in Blacon. She has taken the time to really understand the work that we do and make herself available to support those in need in her local community. Helen, you're a star!!

**If you shop at ASDA in Sealand Road or Ellesmere Port look out for their instore new permanent donation points.**

## The Cost of Protecting Your Data

Like all charities we are upgrading to be sure that we comply with the changes to the law on data protection. We are grateful to Tobey Brookes at Brighter Connections for his free advice and to one of our volunteers, Simon Rogers, for his work to finalise the specifications and identify the hardware and software that we need. Thanks guys for your time and expertise.

We are often asked where the money you donate is spent. One-off expenses like this are hard to plan for. We have found it necessary to allocate the spend from our reserves until we can make them up through donations.

If you were thinking about donating to a charity this month then please consider helping us to cover this £3,500 cost.

You can find out more about donating to us at our "Donating Money" website link.

**RESEARCH TEAM:** You can read an extended version of their article, by Holly White, plus see some examples of the Foodbank's research by following the website link below:

<https://westcheshire.foodbank.org.uk/2018/06/17/reaching-into-research-campaigning-for-change-holly-white/>